Swimming



Coaches Corner

Coach Jason Vitruls loves coaching. "It is definetly a rewarding experience. Being able to be there and watch all these swimmers improve and feel good about themselves makes me feel good. I absolutly love it." All the swimmers love having him as a coach too. Amy Hughen says, "He is a great guy and I have improved a lot just this year with him as my coach. He was so inspirational and motivated me to do my best."

The Eifel Sharks took a trip to Munich, Germany for the annual Championship swim meet from February 15-17. Each swimmer did an extraordinary job and was rewarded with many medals and ribbons. Each swimmer had to qualify to go to Munich. Everybody had a great experience and were very happy with their performance.





Above: Coach Jason Vitruls, explains the next set to Aline Villanueva and Ashley Sandau as "Curious Ashley" questions why and how the set goes.

Right: Ashley Sandau watches the clock as she waits to continue with her next set. "Is it time to get out yet??"



Right: Amy Hughen, the oldest member of the Eifel Sharks, smiles because she knows that practice is finally over!



